

The CAGE (Cut down / Annoyed / Guilty / Eye opener) questionnaire is a useful screening tool for alcohol abuse. Although it has not been formally evaluated for dual disorder, modified forms are in use in many dual disorder programmes. The original 4 CAGE questions remain useful in screening for alcohol abuse / alcoholism. They are:

1. Have you ever attempted to CUT DOWN your drinking ?
2. Do you get angry or ANNOYED when people complain about your drinking ?
3. Do you sometimes feel GUILTY about things you have done while drinking ?
4. Do you ever need a drink to get you going the morning after (EYE OPENER) ?

About 85% of people answering YES to any 2 questions or more will have had an alcohol use disorder at some point in time. If a time frame is added (“In the last 12 months/6 months...”).

MH SC	Screening for Dual Disorder (Modified CAGE Questionnaire)	NO	YES
1	Have you ever tried to cut down your alcohol or other drug use ?		
2	Do people annoy or hassle you about your alcohol or other drug use?		
3	Have you ever felt guilty about your alcohol or other drug use, or the things you have done to get drugs?		
4	Do you ever take a drink or drugs “the day after the night before” to steady you nerves or because you’re hung over?		
5	Do you sometimes take medication for reasons different to the ones they were intended or prescribed for?		
6	Do you often take non-prescribed medications?		
Midas Version AODSC for use in Mental Health services screening for Alcohol & Other Drug abuse			

AOD SC	Screening for Dual Disorder (Modified CAGE Questionnaire)	NO	YES
1	Have you ever tried to cut down or had take more drugs to try and control your depression, anxiety, over-excitement or suspiciousness (drugs includes alcohol)?		
2	Do you often use drugs (including alcohol) because your feelings seem out of control?		
3	Do you drink or use drugs to help you deal with feelings of guilt or shame?		
4	Do you ever take a drink or drugs “the day after the night before” to steady you nerves or because you’re hung over?		
5	Does drinking or taking drugs interfere with taking your prescribed medication?		
6	Do you take medication for reasons different to the ones they were intended or prescribed for?		
7	Do drugs help you stop people knowing what you are thinking or from putting thoughts in your mind?		
8	Do you use alcohol or other drugs to help you cope with suicidal thoughts, paranoid feelings or voices which other people say they cannot hear?		
Midas Version AODSC for use in Alcohol & Other Drug services screening for mental illness			