

## **Welcome to Campbelltown**

Campbelltown Hospital drains a population of 217 000 people of whom 60 000 are below the age of fourteen (1996 census).

The Paediatric Unit is responsible for 3 800 admissions per year and 3 200 deliveries. We have a very busy emergency department seeing ~36 000 patients per year, 12 000 of whom are children. For 2001 admission numbers (not size!) we are the second largest non-tertiary children's unit in NSW (after Gosford).

## **How to find us**

Turn left at the **second** Campbelltown exit (Narellan Road) on the M5 (ignore the first exit sign that says 'hospital'). The hospital is visible from Narellan Road. Turn right into Gilchrist Drive and follow the signs to the hospital. Plenty of parking is available (still free of charge at the moment!) The staff carpark is located at the back of the hospital and is more secure (boomgated). You need to get a boomgate key from the cashier on your first day (\$20 deposit which will be refunded when you return the key at the end of your term). On your first day come to the Paediatric Ward and ask the staff to direct you to the paediatric offices.

## **The Paediatricians**

There are seven paediatricians:

### **Staff Specialists**

Andrew McDonald [half time]. Andrew is also the Director of Medical Education for the hospital.

Susie Piper (emergency + paediatric ambulatory care)

Raymond Chin (paediatrics + emergency)

Jenny McDonald (part-time Community Paediatrician)

### **VMOs**

Mike Freeland

Ric Dunstan

Geoff Bent

- We are always available to answer any questions, even if they seem trivial
- **If ever a paediatrician on-call can't be contacted for any reason, contact one of the other paediatricians (we don't mind)**
- Patients (whether Private or Public) who have seen one Paediatrician are usually readmitted under that paediatrician.
- House staff are invited to 'sit-in' at the VMOs rooms during the term if workload allows

## **House staff**

For 2003 the house staff will be one Senior Registrar (post-exam), 5 Registrars (2 from SCH, 2 from CHW and 1 from Liverpool ED) and 5 RMOs (usually 2 from SCH, 3 from CHW).

The roster for 2003 has 24 hour registrar cover for the first time.

## **Our duties**

We are responsible for 5 areas

- 1) Children's ward including Paediatric Ambulatory Care (PACS)
- 2) Campbelltown Maternity (Delivery Suite, Special Care Nursery and post-natal ward)
- 3) Emergency
- 4) Camden maternity
- 5) Outpatients

Separate weekly job descriptions for the registrars and RMOs are enclosed. These are also kept in the paediatrics office.

### **Children's ward** (NUM: Amanda Ramsey)

The children's ward opened in November 2000. The unit currently has 30 beds. The children's ward is a rapid turnover (with some notable exceptions!) unit. The average length of stay is 24 – 36 hours. We are responsible for only the medical patients during normal working hours. Paediatric RMOs may be asked to review surgical patients for simple problems (eg fluid orders, analgesia, re-site IV etc.) after hours. The care of these patients remains the responsibility of the surgical teams but paediatric staff are expected to assist with simple ward management after hours.

Two RMOs are allocated to the ward each weekday. The first shift starts at 8am and the second shift starts at 10am. The 8am doctor should concentrate on seeing the sickest patients and those most likely to be discharged. After 10am the patients should be divided between the RMOs. The VMOs should be contacted re discharges after the RMOs have completed their morning rounds as VMO ward rounds are usually done in the evenings after 5pm. The 10am RMO is expected to attend the rounds. The 8am RMO is not expected to stay for rounds if they continue beyond 6pm. Proper tea breaks are important! We usually try to gather at about 11am for morning tea and handover.

Further instructions on **ward-round times, Pathology, X-rays, CT scan, Nuclear medicine and discharge procedures** are on the ward. **Discharge summaries** can mount up alarmingly. Be brief. A one word discharge summary that gets to a GP quickly is better than a one page one that takes two weeks.

### **Paediatric Ambulatory Care Service(PACS)** (NUM: Margaret Langman)

Ward RMOs and registrars may be asked to review ambulatory care patients. PACS started early in 2002. The service operates 7 days per week. 0800 – 1800 on weekdays and 0800 – 1600 on weekends. The operating hours will extend when more staff are recruited in 2003. The PACS team of nurses can provide 'hospital in the home' care for many of our children. They have a 'short stay' ward in one wing of the paediatric unit and they perform home visits. They can provide 'supported discharge' for children with acute conditions such as bronchiolitis, asthma, gastroenteritis etc. and may be able to avoid a hospital admission through a combination of a short stay + follow up visit the next day. The PACS service can give intravenous antibiotics at home. Children requiring lengthy IVAB Rx (such as osteomyelitis or septic arthritis) can be managed at home with a PICC line and 'infusers' that deliver antibiotics over a 24hr period.

**Contact phone numbers:** 0438 014 248, 0438 733 055, 0438 014 256 and ext 44142

## **The Emergency Department (DEM)**

30 - 40% of presentations to our ED are under 14 years of age. We aim to provide a high level of support to the ED and respond quickly to calls. When the waiting time for children gets up to two hours we all try to help clear the backlog. The registrar funding that has allowed us to go to 24hr cover in 2003 comes from the ED, so the evening registrar shifts are based in the ED.

At present only 3 of the 6 beds in the paediatric area are 'open'. You need to liaise with ED nursing staff about where to see and treat children if there are already 3 patients in the paed. area. One option is to transfer them to children's ward and complete their cannula / bloods / work-up in the ward (requires liaison with kids ward nursing staff). Consider transfer to the short stay area in PACS if a child is likely to be in the hospital for a few hours but is not definitely in need of an inpatient admission.

We audit the notes of all children who are seen in ED and make follow-up calls and chase results where appropriate.

Guidelines for management of common paediatric conditions are in folders in the department. The Children's Hospital(s) Parent Factsheet website is bookmarked on the desktops of the computers in the ED. Please print factsheets out and give these to the parents whenever relevant.

*If a GP rings you* about a patient who needs to be seen it becomes the responsibility of the paediatric department to arrange review as soon as possible and to phone the GP with results. Don't say 'just send it to ED' (even though it is tempting!). You can arrange to see it on the ward.

If you are the reg on for ED and you are rung about a child who appears to have been properly assessed and needs admission, **you do not have to review it again yourself**. Get ED to contact the VMO direct and send it to the ward.

## **Maternity**

1. **Delivery Suite:** We don't attend thin mec. liquor deliveries or elective epidural c-sections. It is important to attend promptly when called for deliveries at other times. The day 'D' registrar carries the 31549 page and is first on call for neonatal resuscitation. After 6pm the evening '14' RMO carries 31549 and is first on call for neonatal resus until the night registrar starts at 2230.
2. **Special Care Nursery:** A round is conducted every day at 8:30am by the Day registrar
3. **Post-natal ward:** Baby checks are done on **day 2** by the '14' RMO. Refer problems that need out-patient follow-up to the VMO on-call (refer to Drs Dunstan, Freelander or Bent if Drs Chin, McDonald or Piper are on-call).
4. **Camden:** Babies are delivered at Campbelltown and go to Camden at 2 hours of age for post-natal care. Baby checks are done on Monday and Thursday afternoons by the '8' RMO.

## **Outpatient Clinics**

Andrew, Raymond, Jenny, Susie and the Senior registrar usually do an outpatient clinic on various mornings & afternoons. Andrew does an outpatient clinic at Camden on Wednesday morning. We also provide a regular outreach clinic to Claymore and to Tharawal Aboriginal Health Service. RMOs / registrars / students may attend outreach clinics if workload permits.

Monthly outreach clinics are held in **Cardiology** (Drs Sholler/Hawker), **Respiratory medicine** (Prof. Henry), **Neurology** (Dr Andrews), **Haematology** (Dr Russell) and **diabetes** (Dr Charles Verge). The paediatric surgeons Drs Adams, Dilley, Farrow and Currie work out of Dr Dunstans rooms on alternate Wednesdays. A registrar and RMO are **expected** to attend the cardiology clinic. RMOs and registrars are welcome to attend the other clinics also.

## **The Roster**

The first four weeks of your roster is attached. The roster has been written with AMA 'safe hours' principles in mind. This is a new roster for 2003. We will trial it for one 5 week cycle initially. We are open to suggestions if you think of ways of improving the roster.

### **Roster rules:**

- You must notify Raymond or Andrew about roster swaps.
- Roster swaps should take place within the same pay period and not incur overtime
- All unrostered overtime should be claimed, however as the hospital is seriously over budget, time-off in lieu is encouraged. Please let us know if you need help with arrangements. In principle, all hours worked will be paid.
- It is important to be on time for your shifts and to **pick up your page from Robyn's office** when you arrive. Please let Robyn, Raymond, Andrew or Susie know if you are running late
- Some routine ward rounds take place after 5pm. The '8' RMO is not expected to stay beyond 6pm. They should give a thorough handover to the '10' RMO who will accompany the VMOs on late rounds.
- Overtime may be available at times – talk to Raymond, Andrew or Susie if you wish to work additional hours.

## **Education**

The unit sees education as its major role. For this reason SCH RMO's are allowed to go to SCH on Wednesday afternoons for Dip. Paed. lectures. RMO's from The Children's Hospital Westmead are provided with facilities for tele-education for the DCH (we receive video copies of the lectures weekly).

We have teaching meetings at 2pm on Tuesday and Thursday afternoons in the tutorial room on the paediatric ward. RMOs and registrars participate in teaching at these meetings. RMOs will be rostered to give 2 presentations per term.

**Paediatric Grand Rounds.** 5.30 pm, third Monday of the month.

## **Medical Students**

We usually have 3, sometimes 4 undergraduate medical students from UNSW. We intermittently have graduate students from Sydney University. The students rotate around the wards, clinics and ED and are best used as supplementary RMOs.

## **Library**

Reasonable selection of books and journals. Open 0800 – 1700 Mon – Fri.  
Internet access is available in Andrew's office.

## **Accommodation**

Seconded junior medical staff are entitled to a travel allowance (if distance travelled to Campbelltown is further than the distance you would normally travel to SCH or CHW) **OR** accommodation. Contact Pam Riley on 02 343000 prior to the start of term if you want to arrange accommodation.

There are also facilities for a "sleep-over" if you finish late and don't want to drive home. This needs to be pre-booked.

## **Termination and Term Assessment**

You will have mid-term and end of term assessments. We hope the term is useful for you. We are keen for your feedback on how to improve the term and will ask you to fill in a form before you leave. You need to fill in a termination form and get a clearance certificate signed before your last day.

## Phones and Paging

Hospital phone no: (02) 4634 3000  
Paediatric fax no: (02) 4634 3650  
Robyn Richards (paediatric secretary): (02) 4634 4141  
To ring out: dial 0 for an outside line.

### Useful Extension Numbers

Robyn Richards: 44141  
Kids ward: 44133, 44135  
PACS: 44142 or mobile numbers above  
SCN: 44111  
Delivery suite: 44093/9  
Emergency triage: 43211, 43213  
Pathology: 43322  
X-Ray: 43166

### Useful Page Numbers

Senior Reg: 39017  
SCN/ED Reg: 31549  
Ward RMOs: 31540  
Raymond Chin 31552  
Andrew McDonald: 31603  
Susie Piper: 39046

The senior registrar page is 39017. Someone should always be carrying this page – ie if the senior reg is not in the hospital the other registrar should carry it.

Pagers are kept in a basket in Robyn Richards office. Please don't take them home with you! Robyn keeps a supply of fresh batteries.

### Useful Phone Numbers:

Mike Freeland:	4628 3662(w)	4636 6303(h)
Ric Dunstan:	4626 8033(w)	0412 035 645 (m) 4655 1774(h)
Geoff Bent:	4628 6212(w)	4655 6174(h)
Raymond Chin	Ext 44141, p31552	0438 014 257(m) 4655 3558(h)
Andrew McDonald:	Ext 44149, p31603	0418 459 093(m) 4633 8272(h)
Susie Piper:	Ext 43227, p39046	0438 014 247(m) 4631 2086(h)
Jenny McDonald:	Ext 44134	0419 162 838(m) 4633 8272(h)